

# Checklist for Divers

- **Brevet**
- **Log Book**
- **Diving Medical Examination**
- **Ear Care**

Take care of your ears. Rinse them with drinking water after every dive. If you keep doing that you will have a great time during your diving vacation. The drinking water also prevents infections. We suggest that you bring along a small syringe that will allow you to easily rinse your ears.

- **Dive Equipment**

	<b>Your Own Equipment</b>	<b>Rental Equipment</b>	<b>Available at Dive Spot Asia</b>
ABC			X
BCD			X
Wet Suit (temp. 27 - 30 Celsius)			X
Regulator with Octopus and Finimeter			X
Buoy			X
Dive Computer (computers are mandatory on our trips!)			X
Weight-Belt or Pocket W			X
Reserve-Kit / Spare Parts			-
UW Camera			-
UW Video			-
UW Torch			X